



Can you share a moment from your training that shaped how you understand trust in medical professionalism?

BUILDING TRUST ESSAY CONTEST

Students and trainees of health professions are invited to reflect on a personal experience about trust. Through the lens of medical professionalism, share a story about a moment that shaped your understanding of trust—whether it involved a patient, mentor, team, or system.

Your story can highlight the evolving connection between trust and professionalism, offering insights into how health care professionals can navigate generational shifts while staying rooted in shared values that benefit patients and communities.

The Building Trust Essay Contest is open to students of health professions in the United States.

Submissions must be an original, unpublished essay of 750 words or less.

Up to four winners will each receive an invitation to the ABIM Foundation's annual Forum (July 26-29, 2025, in San Diego, CA). Essays will also be published on the ABIM Foundation's website, promoted on social media, and in newsletter(s).

Essays should be submitted by **April 2, 2025**. More information about the Building Trust Essay Contest can be found at abimfoundation.org/2025EssayContest.

